

Combat Application Technician # 1:

Techniques -

- Single Stick Basic 12 Strikes (Set # 1)
- Single Stick Basic 12 Blocks (Set #1)
- 3 lock System
- Bow-in (start of class)
- Igorot Obnicko striking drill
- Igorot Striking Drill (Basic 5)
- Forward figure 8 drills
- Reverse Figure 8 drills
- Rules of Combat
- Bow-out (end of class)
- "Go in Peace"
- Proper stick gripping position (standard)

Combat Application Technician # 2:

Techniques -

- Single Stick Basic 12 Disarms (Set #1)
- Single Stick Striking Style(Head-Leg Series)

Combat Application Technician # 3:

Techniques -

- Heaven Six
- Six Count
- Reverse Rhodundra
- Silat Footwork Pivot (Left,Right)
- Arnis Knife grip positions (Standard, Ice-Pick)
- Arnis empty hand knife dis-arms #1 (Static knife)
- Male Triangle
- Female Traingle

Combat Application Technician # 4:

Techniques -

- Single Stick Basic 12 Strikes (flow)
- Indonesian knife disarm # 1 (finger lock)
- Poke and Roll
- Wu Ying Dao Basic 15 Strikes
- Wu Ying Dao 4 Basic kicks
- Wu Ying Dao Basic Stances (Right Forward, Left Forward, Horse, Half Horse, Cat)
- Single Stick Basic 12 dis-arms Set # 2 (strike-thru)
- Igorot stick-weapon dis-arms (Basic 4).
- Wu Ying Dao Basic Stepping techniques
- Silat Basic Foot traps

Combat Application Technician # 5:

Techniques –

- Arnis Footwork Forward 45 degree (Left and Right)
- Arnis Footwork Backward 45 degree (Left and Right)
- Head-leg (1 against 2), Head-leg (2 against 1), Head-leg (1 against 2 turning), Head-leg (2 against 1 turning)
- Praying Hands Silat Takedown # 1
- Praying Hands Silat Takedown # 2 (Capture left, Capture Right)
- Sabot (Staff) Basic 10 Strikes
- Sabot (Staff) Basic 10 Blocks
- Sabot (Staff) Basic 10 dis-arms
- Arnis Knife empty hand dis-arms #2 (Ice Pick, blade up + Blade down)
- Arnis Knife Dis-arms #3 (Ice Pick, blade up)
- Wrist Releases Basic 4

Combat Application Technician # 6: (Basic Instructor/Technical Advisor Apprentice).

Techniques –

- Floretee
- Rumpada
- Bondi-Bondi
- Decadena (Left outside,Left inside,Right Outside,Right Inside)
- Flow drill
- Switch
- Umbrella Block
- Single Stick Basic 12 dis-arms Set # 3 (empty hand – to – set #1)
- Silat blocking Elephant (salute)
- Silat double hand blocking (Static block)

Teaching Skills –

- Lead OKCD Arnis class in practicing standard arnis basics with confidence
- Help the senior instructor(s) teach arnis basics to newer students

Combat Application Technician # 7:

Techniques –

- Shoulder shield block
- 3 count High Box pattern
- Arnis Knife Dis-arms Set #4 (Ice Pick -vs-Strike 5-7)
- Single Stick Basic 12 dis-arms Set # 4 (empty hand – to – set #2)
- Silat double hand blocking (Block and strike)
- Chin-Na finger locking
- Kubaton pocket stick fighting concepts

Combat Application Technician # 8:

Techniques –

- 6 count Box pattern
- Forward Heaven Six Rhodunha
- Forward Six Count Rhodunha
- 3 Lock System – cheats
- 4 basic wrist releases – cheats
- 3 lock Combat applications
- Guro Dan Inosanto Super Set
- Cobb Cobb
- OKCD Arnis Gun dis-arm Set # 1
- Arnis Knife Dis-arms Set #5 (Standard -vs-Strike 5-7)
- Single Stick Basic 12 dis-arms Set # 5 (single stick – to –double stick)
- Cane Techniques

Teaching Skills –

- Lead OKCD Arnis class in practicing standard arnis basics (Level 1 thru Level 6) with confidence
- Continue helping the senior instructor teach arnis basics to newer students when the senior instructor(s) is teaching the advanced students

Combat Application Technician # 9:

Techniques -

- 8 count Box pattern
- 10 count Box pattern
- 14 Count
- Zion hip strikes
- Zion Ground strikes
- Zion Rolling strikes
- 3 Lock System against a knife
- OKCD Arnis Gun dis-arm Set # 2
- Arnis Knife Dis-arms Set #6 (Empty hand -vs-Strike 5-7)
- Single Stick Basic 12 dis-arms Set # 6 (double stick – to –single stick)
- Police Baton Techniques

Combat Application Technician # 10 (Technical Advisor):

Techniques –

- Cobb Cobb
- Arnis Gun dis-arm Set # 3
- Arnis Knife-to-Knife Dis-arms Set #7 (Standard -vs-Strike 5-7)
- Arnis Knife-to-Knife Dis-arms Set #8 (Ice Pick -vs-Strike 5-7)
- Arnis Knife trapping
- Silat entry (flower) palms up, outside/inside
- Silat entry (flower) palms down, outside/inside
- Head spinning (outside,inside)
- Headlock entries (Set #1 – Set #3)

Teaching Skills –

- Lead OKCD Arnis class in practicing standard arnis basics (Level 1 thru Level 9) with confidence
- Able to teach the OKCD Arnis class when the senior instructor is not able to teach the class